

ANXIETY

DEPRESSION

LONELINESS

# ASK QUESTIONS, GET ANSWERS:



A free Zoom program for  
tweens, teens, & parents

SUNDAY, MAY 2  
3-4:30 PM

This Zoom program for tweens, teens and parents will feature a panel of two therapists with expertise in adolescence who will answer questions you want answered – questions on anxiety, depression, loneliness, worry about exams, whatever is on your mind. You can submit questions during registration and in the Zoom chat.

## ANN MURPHY

Ann Murphy is a Licensed Clinical Social Worker with a focus on adolescents. She has experience helping them navigate issues that include stress management, regulation of emotions, and healthy relationships. She provides therapy in private practice in Carrboro, NC.

## CHARLEEN ENNS

Charleen Enns is a Licensed Clinical Social Worker with experience working with tweens, teens and families. Her areas of interest include anxiety, depression, trauma, anger management, and peer relationships. Her therapeutic practice is in Carrboro, NC.

## FACILITATED BY:

Stella Bowers

Stella is a sophomore at Meredith College double majoring in Education and Psychology

[CLICK HERE TO REGISTER!](#)

